

### **Rosewood Community Association Newsletter**

2019 Fall (Vol. 6 No. 3)

### **President's Message**

Hello Rosewood,

It's great to see so many residents using our park trail systems to get outdoors this year. A reminder that per City of Saskatoon Bylaw 7860 your pets must be on leash and under your control at all times. To let your pets run around off-leash use the fenced Hyde Park off-leash area. Please help keep our parks clean and clean up after your pet!

This year and moving forward there will be some infrastructure changes in Hyde Park. Keep informed through our website, newsletter, and City of Saskatoon publications and notices. Your voice matters! If you see a notice on a subject you care about attend an engagement session and bring your opinions forward.

Our Rosewood Rink Project is in full swing. See information in this newsletter for more details on this exciting Project!

I hope to see you all at our 6<sup>th</sup>, yes I can't believe its our 6<sup>th</sup>, Annual Family Fun Day this year! As usual our volunteers led by Claudine Hentze have been working tirelessly to make this event a possibility. Come enjoy a day in the park with family, friends and neighbours.

Hoping you all have a safe, healthy and happy late summer and fall!



Reed Hentze

President



### **Upcoming Events**

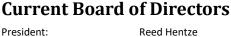
For updates on activities and events in Rosewood check out our <u>website</u>, sign up for our <u>email list</u>, follow us on <u>Twitter</u> or like us on <u>Facebook</u>!

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### Rosewood Family Fun Day Saturday, August 24 8:00 am - 3:00 pm at Hyde Park

Pancake Breakfast, BBQ (by cash donation), Petting Zoo, Pony Rides, Inflatables, and so much more!

> For more details visit our website or follow us on Twitter or Facebook!



Vice President:
Treasurer:
Secretary & Membership:
Communications/
Website & Newsletter:
Basketball Coordinator:
Soccer Coordinator:
Parks:
Rink:
Civics:
School Liaison:
Volunteer Coordinator:
Members at Large:

- Reed Hentze Rob McClinton Kyle Patterson Courtney McClinton
- Claudine Hentze Scott Hawley Samantha Lamborn Brett Magneson Mark Lewis Melody Byblow Chad Ekren Erin Bentley Monty Gendall Debashish Bhomik

Rosewood Community Consultants:

City of Saskatoon Community Consultant: Mark Planchot Police Community Liaison Officer: Cst. Patrick Skinnider City of Saskatoon Ward 9 Councillor: Bev Dubois

### **Board Meetings**

Rosewood residents are welcome to attend and find out more about what's happening. Meeting dates are posted on our <u>website</u>. Interested in attending, or you would like information about volunteering? Please <u>email</u> us!

### Renew Membership Now

Don't forget to Renew or Buy your Membership! (valid from August 1 to July 31) Cost: \$ 15.00 (per family) yearly



ROSEWOOD COMMUNITY GARAGE SALE SATURDAY, AUGUST 24 8:00 am - 3:00 pm

Address map online August 23 or pick one up at the Rosewood Family Fun Day!



info@myrosewood.ca

ROSEWOOD

FALL PROGRAMS

**IN-PERSON** 

REGISTRATION

SATURDAY, AUGUST 24 8:30 AM - 3:00 PM

AT THE FAMILY FUN DAY

&

TUESDAY, SEPTEMEBR 3

5:30 pm - 6:30 pm 147 Olson Lane West

www.myrosewood.ca/programs



### **Fall Activities & Events**

Looking for **FREE** activities and events taking place in Saskatoon this fall? Here are a few that may interest you.

#### SCOTIABANK SOMETHING ON SUNDAYS SUNDAYS 1:00 PM - 4:00 PM

### rRemai mModern

This is an intergenerational drop-in artmaking event with a new theme each week at Remai Modern in the Cameco Learning Studio every Sunday between 1:00 pm - 4:00 pm for 100% free fun art-making activities for the entire family. <u>www.remaimodern.org</u>

### NUTRIEN FIREWORKS FESTIVAL August 30 & 31, 2019

Entertainers, vendors and lots of activities for people of all ages to enjoy. The main sites are River Landing 1 and the Rotary Park. Entertainment and attractions starts at 5:00 pm and the firework displays are set for 9:30 pm. www.nutrienfireworksfestival.ca



### YOUNG NATURALISTS' SANDHILL CRANE FIELD TRIP SATURDAY, SEPTEMBER 28, 2019, 9:30 AM

A field trip south of Saskatoon to look for migrating Sandhill Cranes and other wildlife. Binoculars and a spotting scope will be available for use. Advance

registration is required. Space is limited. To register call 306-975-3042 or email <u>saskatoonnaturekids@gmail.com</u>.

www.saskatoonzoosociety.ca

### HERITAGE DAYS / JOURNÉES DU PATRIMOINE September 28, 2019

Dans I temps des

Dive into history for a day and discover all about Saskatchewan's history during VOYAGEUR's time! The Société historique de la Saskatchewan (SHS) invites you to the 14<sup>th</sup> edition of Heritage Days at Fort Carlton Provincial Park. <u>www.histoiresk.ca</u>

### NUIT BLANCHE SASKATOON (NBYXE19) September 28, 2019

A night-time arts festival showcasing and celebrating art and culture. Taking place in various locations around Saskatoon. Stop by this unique event that has something for all ages! <u>www.nuitblanchesaskatoon.ca</u>



#### ROSEWOOD HOLIDAY CRAFT FAIR & TRADE SHOW NOVEMBER 2, 2019, 10:00 AM - 4:00 PM

**ROSEWOOD COMMUNITY CENTRE (P3 SCHOOLS COMPLEX)** Get an early start to your holiday shopping at Rosewood's 3<sup>rd</sup> annual Holiday Craft Fair and Trade Show! 100+ tables of home based businesses, crafters, artisans, bakers and more! www.myrosewood.ca/rosewood-craft-fair-and-tradeshow



### SANTA CLAUSE PARADE NOVEMBER 2019, DATE & TIME: TBA

Santa Claus parades have been a tradition in Canada since 1905. Join the winter fun and get in the spirit of the season! Parade map will be posted online. www.saskatoonsantaclauseparade.com





### **Programs**

### **IN-PERSON FALL PROGRAM REGISTRATION**

SAT, AUGUST 24, 8:30 AM -3:00 PM AT THE ROSEWOOD FAMILY FUN DAY IN HYDE PARK

TUE, SEPTEMBER 3, 2019, 5:30 PM - 6:30 PM AT THE AT THE ROSEWOOD COMMUNITY RESOURCE CENTRE - 147 OLSON LANE WEST

Dates, times, costs, and program reflect our current offerings and are subject to change so visit the Rosewood Community Association <u>website</u> for updates. Don't forget you can sign up for our <u>mailing list</u> to receive emails, follow us on <u>Twitter</u> and like us on <u>Facebook</u>!

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PROGRAM NAME	AGES	DAY	DATES	TIMES	LOCATION	COST*
DROP-IN BADMINTON	16+	TUE	Sep 26 - Dec 5, 2019	7:00 pm - 8:30 pm	Colette Bourgonje Gym	\$10
DROP-IN BASKETBALL	16+	Fri	SEP 27 - DEC 13, 2019	8:00 pm - 9:00 pm	ST. THERESE OF LISIEUX GYM	\$10
Zumba	14+	Wed	Ост 2 - Nov 27, 2019	7:00 pm - 8:00 pm	Rosewood Community Room	\$ 55
PAINTING WITH ACRYLICS	14+	TUE	Sep 17 - Dec 10, 2019	7:00 pm - 9:00 pm	Rosewood Community Room	\$ 85
DROP-IN STITCH/KNIT/CROCHET	16+	TBA	TBA	ТВА	Rosewood Community Room	TBA
Таі Сні	16+	TBA	TBA	ТВА	ТВА	\$45
COMIC BOOK CREATION	10-13	TUE	Ост 29 - Dec 3, 2019	6:00 pm - 7:00 pm	Rosewood Community Room	\$5
DOGSITTING CERTIFICATE	11+	TUE	Nov 19, 2019	6:00 pm - 7:00 pm	IT'S A DOG'S LIFE	\$10
BABYSITTING COURSE	11+	TBA	TBA	ТВА	ТВА	\$ 50
COMIC BOOK CREATION	7-9	TUE	Sep 17 - Oct 22, 2019	6:00 pm - 7:00 pm	Rosewood Community Room	\$5
KIDS YOGA	7+	TBA	ТВА	ТВА	Rosewood Community Room	TBA
HALLOWEEN CUPCAKE DECORATING	5+	WED	Ост 30, 2019	6:00 pm - 7:30 pm	Rosewood Community Room	\$10
DANCE (BALLET)	3 & 4	Тни	Sep 26 - Nov 14, 2019	6:00 pm - 6:30 pm	Multi Purpose Room	\$ 35
DANCE (BALLET)	5&6	Тни	Sep 26 - Nov 14, 2019	6:40 рм - 7:20 рм	Multi Purpose Room	\$ 35
English Conversation	ALL	Mon	SEP 16 - DEC 9, 2019	6:30 рм - 8:30 рм	Rosewood Community Room	Free

\* Please note that a valid Rosewood Community Association membership is required to register for programs. Other valid Community Association memberships will also be accepted. If you do not have a membership you can purchase a Rosewood Community Association membership for \$15.00 prior to or when registering for a program. Late registration fee of \$ 5.00.

### Soccer

Rosewood Youth Soccer functions in partnership with Saskatoon Youth Soccer Inc. (SYSI) which includes the various communities throughout Saskatoon. Season starts October 20, 2019 and runs until March 2020.

### ONLINE REGISTRATION AUGUST 10 - SEPTEMBER 12, 2019

https://ssa-rosewood.goalline.ca/

### UNDER 5 (CO-ED) - BORN 2015 (SEASON COST \$ 100)

Season starts October 20, 2019 and runs until early March 2020. Games will be held on Mondays or Tuesday's in elementary school gyms, plus one Sunday per month held at SaskTel Sports Centre.

### UNDER 7 - BORN 2013 & 2014 (SEASON COST \$ 150)

Season starts October 20, 2019 and runs until early March 2020. Games will be held on Sunday's at the Henk Ruys Soccer Centre and the SaskTel Sports Centre. Practices may be held at the discretion of the coach, gym availability and number of teams.

### UNDER 9 - BORN 2011 & 2012 (SEASON COST \$ 175)

Season starts October 20, 2019 and runs until early March 2020. Games will be held on Mondays or Tuesday's at the Henk Ruys Soccer Centre and the SaskTel Sports Centre. Practices may be held at the discretion of the coach, gym availability and number of teams.

### KINDERSOCCER (CO-ED) - BORN 2016 & 2017 (COST \$ 50)

Season will run for 8-10 weeks starting in October 2019 and will be held in the multi-purpose room at the Rosewood School. Session times will be based on number of participants. To register **email the Soccer Coordinator at** soccer@myrosewood.ca.

#### Have questions? Email soccer@myrosewood.ca







Rosewood Youth Basketball functions in partnership with the Saskatoon Minor Basketball Association (SMBA) which includes the various communities throughout Saskatoon and surrounding area, running during the months of October 2019 through March 2020.

### **REGISTER ONLINE NOW!**

BASKETBALL DIVISIONS	Ages	Соѕт*
DUNKEROOS (CO-ED)	GRADE 1-2	ТВА
Spuds (Co-ed)	Grade 3-4	\$160/player
Mini Girls/Mini Boys	GRADE 5-6	\$170/player
Bantam Girls/Bantam Boys	Grade 7-8	\$185/player

Team practices are normally held weekday nights at Colette Bourgonje School or St. Thérèse of Lisieux Catholic School, with games held Saturdays in elementary & high school gyms within the city.

Visit our website for more details and online registration

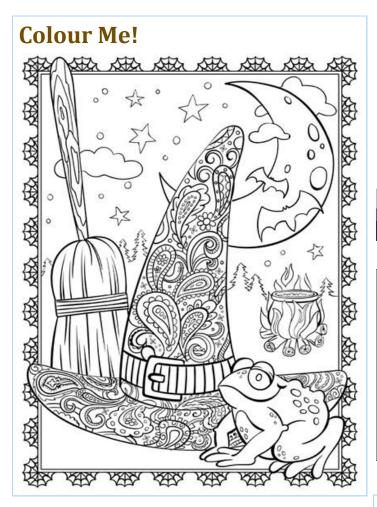
#### Have questions? Email basketball@myrosewood.ca

info@myrosewood.ca

The **City of Saskatoon Leisure Guide** is a source for a variety of art, culture, & recreational activities and is delivered to residents by the City of Saskatoon. Visit the City of Saskatoon <u>website</u> for more information. **Fall 2019: Available Online: Fri. Aug 2, Delivery: Wed. Aug 7, Registration Starts: Sun. Aug 11, Programs Run: Sep 1 - Dec 31** 

@MyRosewoodCA









**Spots Available** 

Register Today!

Morning or afternoon programs for 3- and 4-year-olds

Safe, happy and nourishing learning environment

**Great teachers** 

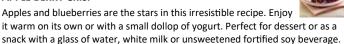
Field trips & special events

Not a cooperative

Find out more by visiting lakeridaepreschool.ca

### **Fall Favourite Recipe**

#### APPLE BERRY CRISP



### T PREP TIME: 15 MIN



#### INGREDIENTS:

- $\sim$  4 apples, (about 600 g/ 1 ½ lb) cored and chopped 500 mL (2 cups) frozen or fresh blue-
  - 250 mL (1 cup) large flake oats 125 mL (1/2 cup) all purpose flour
  - ~ 75 mL (1/3 cup) wheat bran
  - 30 mL (2 tbsp) packed brown sugar
  - 45 mL (3 tbsp) packed brown sugar ~ 2 mL (1/2 tsp) ground cinnamon 30 mL (2 tbsp) all purpose flour

~

45 mL (3 tbsp) soft non-hydrogenated margarine, melted

### DIRECTIONS:

5 mL (1 tsp) vanilla

berries

~

- 1. In a large bowl, combine apples, blueberries, sugar, flour and vanilla until coated. Spread into a 20 cm (8 inch) square baking dish; set aside.
- 2. Topping: In another bowl, combine oats, flour, wheat bran, sugar and cinnamon. Drizzle with melted margarine and using a fork, toss to coat oat mixture. Sprinkle over top of fruit mixture.
- 3. Bake in preheated 180°C (350°F) oven for about 50 minutes or until apples are tender and top is golden. Let cool slightly before serving.

#### TIPS:

This is a fun and delicious recipe for the whole family to make. Little chefs can stir the topping ingredients together. Older kids can slice the apples.

Feeling adventurous? Change the fruit to make different crisps. Instead of apple and blueberry, try pears and raspberries.

Try using less of the ingredients that are high in added sodium, sugars or saturated fat. Adding salt or sugars directly to your recipe? Remember, a little often goes a long way.

Recipe developed by Emily Richards, P.H. Ec. for Health Canada and the Heart and Stroke Foundation Source: Government of Canada's Healthy Canadians Food and Nutrition webpage



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Family history research

Workshops

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### **School Zone Safety**



School time is just around the corner and the familiar sight of school busses in Rosewood is upon us! Watch for kids walking to/From school, and getting on/off school buses and transit.

Police will be watching for drivers speeding in school zones, failing to; stop at stop signs or yield signs, yield for pedestrians, to obey crossing guards, or obey school bus signs. Stay alert to help keep everyone safe!

### SCHOOL ZONES

- \* Maximum speed limit **30 kph**
- \* Mondays to Fridays, 8:00 am 5:00 pm, September to June
- \* Marked by reflective, fluorescent yellow-green speed signs
- \* Speeders will receive a fine and three SGI demerit points

#### **DROP-OF AND PICK-UP ZONES**

Designated drop-off and pick-up zones are posted at the school roadway/parking area. Follow posted signs to ensure you comply with the rules.

#### SCHOOL BUS LOADING ZONES

These designated passenger loading/unloading zones are in effect Monday to Friday from 8:00 am - 5:00 pm. Do not stop or park in school bus loading zones as you may be fined.

#### **RESTRICTED U-TURNS IN SCHOOL ZONES**

Although its tempting to do a U-turn don't. Use the roundabout by the school to turn around. This is dangerous in a school zone with so many kids around.

For more info school zones visit the City of Saskatoon or SGI website.

### BARNES LAW OFFICE

~ your approachable professional, caring for clients like family since 1999 ~ Kojo Barnes, Barrister & Solicitor

Areas of Practice

Corporate and Business Matters; Family Law; General Litigation; Legacy Planning; Residential and Commercial Real Estate

Conveniently located in Rosewood, backing beautiful Hyde Park at 730 Ledingham Place

For more information on our services or to request a quote, contact our office

at 306.229.4404 or by email: info@barneslawoffice.net

### COMPLETE NOTARIAL SERVICES ~ documents done right ~ Raena Barnes, Notary Public

Document services include Affidavits & Affidavits requiring attached Exhibits, Statutory Declarations, Travel Letters for Minors, high quality Certified True Copies, Wills, Powers of Attorney & Health Care Directives, and out of province real estate purchase or sale documents which fall within the scope of my appointment.

to request a quote or schedule an appointment, please call 306.955.4729 or by email: <u>completenotarial@gmail.com</u>



When life's hazards get in your way, we'll help you get back in the game. Lakewood Branch | Unit H, 411 Herold Court | 306.242.8822











NO

TURN

30

R

ND PICK-U

### **Rosewood Updates**

### **ROAD CONSTRUCTION**

### Taylor Street Primary Water Main Construction/Road

Construction continues at the east end of Taylor Street just past Rosewood Gate North. This work now incorporates the building of the Taylor Street road extension.

### **Roadway Connections to Meadows Market in Rosewood**

The City of Saskatoon is working with developers to ensure that at least one of the roadways on the Rosewood community plan is built within the year to connect Rosewood with the Meadows Market commercial area on the east side of Rosewood.

Stay tuned for more details!

### **ROSEWOOD CONCEPT PLAN**

As we are a community still under development we periodically see proposed amendments being made to the Rosewood Concept Plan.

The most recent amendment that went before council included rezoning portions on the east side reducing the commercials footprint and increasing residential building and density.

These changes have now been incorporated and a new amended concept plan was been released on June 24, 2019.

If you would like to find out more about the changes contact the City of Saskatoon Planning Section.

### PARK CONSTRUCTION

Once Rosewood has been fully built our there will be numerous parks and green corridors in our community.

For more updates on Rosewood park construction visit our website.

### Glen H. Penner Park

The fencing is still up around the park however residents should have access to the park soon with the completion of the spray pad which was scheduled to be open in August. Hopefully by the time you are reading this the park and spray pad area have been opened and the kids have been out enjoying them!

### Hyde Park Phase II

The City of Saskatoon held an open house on June 13, 2019 to provide resident with an opportunity to see the planned park enhancements. Plans for the park include:

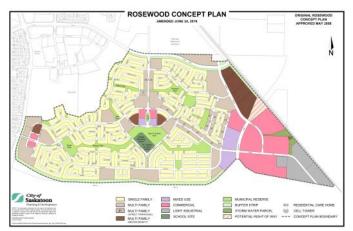
- \* Placing a formal crusher dust pathway in the Southwest corner of the park to connect with existing pathways in Hyde Park.
- \* Placing formal crusher dust pathways at the North and South gates of the Dog Park to connect with existing pathways in Hyde Park.
- Adding significantly more rip-rap (small-to-medium rocks) to the Dog Park area that experiences flooding during spring melt and rain events.
- \* Installing outdoor sculptures within the park.
- \* Enhancing naturalized plantings throughout the park.
- \* Developing interpretive and education areas to explain the significance of the naturalized park.

Stage 1: Landscape Contract (August - September 2019); Stage 2: Outdoor Sculptures & Stage 3: Interpretive Signage (2019/2020); and Stage 4: Naturalized Plantings (Over a few years).

#### https://www.saskatoon.ca/engage/hyde-park-phase-2-open-house

### **ROSEWOOD ELEMENTARY SCHOOLS**

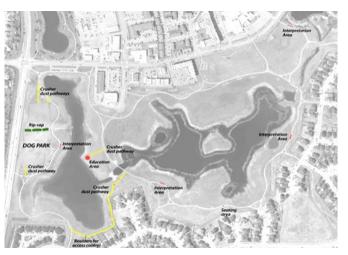
The new school year starts on Tuesday, September 3, 2019. Drive with care and watch for all the little ones travelling to and from school! St. Thérèse of Lisieux: <u>www.gscs.ca/studentsandfamilies/schools/the</u> Colette Bourgonje: <u>www.spsd.sk.ca/school/colettebourgonje</u>



Rosewood Concept Plan Amended June 24, 2019 - Also shows the future plan roads that will connect Rosewood residential to commercial Areas



Glen H. Penner Park Spray Pad



Hyde Park Naturalized Area and Off Leash Dog Park Phase II



Visit the RCA website, Twitter or Facebook for what's happening!



info@myrosewood.ca

@MyRosewoodCA

Thank you to all of our generous sponsors and contributors!

### **Rosewood Outdoor Rink Project Fundraising**

Our Rosewood Outdoor Rink Project is in full swing with approximately \$20,000 generously donated to date.

On May 15, 2019 we had our first formal fundraising event, a Pizza Party hosted by IG Wealth Management at Boston Pizza. It was a successful event where we raised \$2,260!

In addition to cash donations we have received generous in-kind donations of \$ 16,000 for engineering design and surveying. We also have a significant commitment from a local contractor who lives and works in Rosewood for earthworks! This is a great start but we still have a long way to go to get shovels in the ground.

The City of Saskatoon has recently committed to construction of a multi-use outdoor building which has resulted in changes to our design and we are working with the City to better define the location, aspects, and community use of this structure. This has resulted in required changes to our plans and delays in construction but your local Rink Committee Members are working hard to keep the project moving.



CURRENT FUNDS RAISED \$ 19,960



### PLATINUM

Depleadt Family

GOLD

Sean Quinn and Carolyn Brooks The Potapinski Family

### SILVER

Byron and Christina Bitz Colin Baerg and Kelly Martin Theresa and Justin Forrest Peddle Family Dr. Rick Kort Jarrett and Shelane Goettler Precision Auto Body BRONZE M.Y. Private Wealth/Raymond James

Donations received after July 15, 2019 are not included Donations below the bronze level are not listed above In kind donations are not included above Donations that have not cleared our financial institution are not included

For information on how you can become a sponsor or donate to this project, and rink updates visit <u>www.myrosewood.ca/rink</u>.





### Word Search .... It's Harvest Time!

Find these words to discover the hidden message below

AMBER	М	S	N	F	U	т	L	А	В	0	U	R	D	А	Y	U	А
APPLE PI	I	Е	R	А	Ν	Е	Е	W	0	L	L	А	н	А	N	В	С
AUTUM	Е	L	Е	L	S	А	F	Ι	R	Е	S	Ι	D	Е	А	S	0
ВАСК ТО	Ν	D	т	L	L	Е	А	F	Ρ	Ι	L	Е	0	С	С	Н	R
CANDY-C	т	D	Ν	S	W	G	Ν	Ι	R	Ν	С	Ρ	К	S	А	D	Ν
CLOUDS	А	U	А	Е	S	Ε	Е	G	G	Ν	Ι	Т	А	R	G	I	М
COLOUR	Е	Ρ	L	А	Ε	V	Ε	Ν	А	А	0	К	V	Ν	Ε	Н	А
CORN-M	R	D	0	S	F	А	I	R	Ρ	S	Е	Е	Ρ	L	Y	R	Ζ
COSTUM	т	U	К	0	S	Κ	В	Ρ	С	0	S	Т	U	Μ	Е	I	Е
CRANBE	R	Μ	С	Ν	А	Μ	L	Н	А	Т	Y	Н	С	Ν	U	R	С
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### Find our yellow bin at the Independent Grocers on Herold Road!

OR CONTACT US FOR A PICK-UP AT 1-877-477-2171 THEYELLOWBIN.COM

All donations directly support individuals with intellectual disabilities in Saskatchewan.





### **Newborns and Pets**

### **BRINGING HOME BABY**

Congratulations - You're expecting a baby! This is an exciting time for everyone, and you will have to help your pet adjust to the new family member and furnishings.

### **GENERAL TIPS TO KEEP IN MIND**

#### **BEFORE THE BABY ARRIVES:**

Expose your pet to baby gear such as strollers, swings, and noisy toys; start walking your dog with the stroller before the baby is born.

Play recordings of baby sounds to desensitize your pet; start at a low volume and use positive reinforcement such as treats and play while the sounds are playing. Gradually increase the volume until you reach a real-life volume

Don't allow your pet to share a bed with your infant; get them used to sleeping away from the bed or nursery before the baby arrives. Access can be blocked by using baby gates, doors, a screen door on the nursery, and crib nets. Another method is to confine your pet to a different bedroom to sleep, or for dogs, get them used to a crate.

Address any undesirable behavior such as jumping up or food aggression; take your dog to obedience classes. Teaching dogs basic commands will help encourage calm controlled behavior.

Use a swaddled doll to get your pet used to you carrying the baby around, or having the baby on your lap all the time.

Encourage friends and family with infants to visit your home to begin

accustoming your pets to babies .

For cats, prepare comfortable areas to enrich their indoor environment such as cat trees, suspended shelving, and window seats. If you want to make adjustments to litter box locations, and food/water dish locations, do so long before so your cat is not overwhelmed with changes.

#### **HOMECOMING:**

When you return from the hospital, have someone else take your baby into another room so your pet has a chance to greet you. After the initial greeting, allow your pet to sit calmly beside you while you hold the baby. Keep dogs on leashes so they can be more easily controlled they can be allowed to drag the leashes. Allow your pet to politely sniff the baby, but any rambunctious or focused behavior should be immediately discouraged.

NEVER leave your pet alone unsupervised with a baby or small child; pets should also be provided with comfortable resting areas that allow them to get away.

For pets that have multiple behavior problems such as aggression, fear, or separation anxiety prior to bringing home a new baby, it can be difficult to balance what is necessary to keep everyone happy and safe. Please speak to your veterinarian to help identify problems and find appropriate solutions.

Information provided by the Woodridge Veterinary Clinic. Please contact their friendly staff or your local

veterinarian for more information on how you can keep your pet healthy!





### AVAILABLE SERVICES

Fast prescription transfers We will call and transfer all your medicaions over within minutes\* certain medications cannot be

### Compliance packaging

if you are taking three medications or more we will boubble pack them for you to make it easier for you to adhere to your medications.

Have questions about your medications? Stop by today and ask our pharmacist about our comprehensive medication review program.

### Minor Ailment prescribing

Our Pharmacists can assess and prescribe prescription medications for common health conditions such as: acid reflux, bladder infections, acne, cold sores, muscle strains & sprains, erectile dysfunction, birth control/emergency contraception and much more! Ask us for more details \*certain restrictions appl



WITH





Tracy has served with dedication for 30 years in the human service sectors. As a Director of Mental Health & Addiction Services with the Saskatchewan Health Authority, she delivers exceptional care to people struggling with mental health and substance use disorders. She has received multiple distinguished service awards including the Badge Award from the Saskatoon Police Service.

She cares deeply about her community, has a proven record in making life better for Saskatoon families, and knows what it takes to build a thriving, inclusive community.

### JOIN TEAM TRACY AT:

🖻 tracy@tracymuggli.ca 🕓 306 986-8844 f infotracymuggli

uthorized by the financial agent of the Saskatoon-Grasswood Federal Liberal Riding Associatio

### AVAILABLE SERVICES

**Women's Health Clinic** Primary care women's clinic including birth control counseling, and delivery for low-risk pregnancies

### Medical Services

- Regular booked and walk-in visits
- Annual physical exams, screening and minor surgical procedures

### **Optometry Services**

- Child, adult, and elderly full eye exam and care
  - Emergency eye care
- Management of eye diseases such as dry eyes, glaucoma, macular degeneration and diabetes
- Pre and post-surgical care for cataract and

### CALL US TODAY AND BOOK





LOCATED AT # 60 – 401 LEDINGHAM WAY IN ROSEWOOD COMMUNITY!! Tel : (306) 664 – 6336 ; Web: www.rosehealthmedical.ca





@MyRosewoodCA

### Fall Gardening & Lawn Care

#### **LAWN CARE**

To encourage roots and help green up your lawn earlier in the spring make sure you use fall fertilizer. Do one final low cut mow (but not too low) late in the summer .

#### **CLEANING UP LEAVES/MULCHING**

Instead of bag up leaves consider mowing fallen leaves, cutting them into small pieces and leaving them on the lawn. Throughout winter they will decompose. It should be dry when you mow and leave no more than about

six inches of leaves per season. Any excess can be used as mulch in your flowerbeds and vegetable garden, or add to your compost bin.

#### **TREE AND SHRUB PLANTING**

Contrary to what some may think, fall is a good time for planting right up until the end of September or early October, depending on weather. Talk to your garden centre about what you can plant in the fall.



#### **FALL PRUNING**

Late fall is an excellent time to prune trees and shrubs when they become dormant. Talk to your garden centre about proper pruning techniques and timing.

#### **FLOWER GARDEN**

Cut back your perennial flowers. A little effort in the fall will provide healthier flower beds for your garden. If you're unsure how much to cut back or when to cut talk to your garden centre, you can also check online. Not all

flowers are the same so it's a good idea to check before you start.



#### **FALL BULBS**

There are bulbs such as tulips that should be planted in the fall so they will be the first to bloom in the spring. Check with your favorite garden centre to see what bulbs you can plant.



There are some native plants that might interest you in planting such as the prairie crocus. It's always a beautiful sight to see flowers bloom even when there's snow on the ground!

#### **OUTDOOR WATERING SYSTEM/FAUCETS**

Remove all garden hoses, drain and store in your garage or shed. Turn off and drain water to avoid freezing & pipe breakage. Standing water can freeze irrigation systems and outdoor water spigots.

#### **CLEAN YARD EQUIPMENT**

Clean all of your lawn care equipment including draining and properly disposing fuel for gas operated equipment. Take out your snowblower and other winter equipment to make sure they are functioning. If you've got time you can get a jump on spring cleaning and clean out the garage.

### Waste Collection



GARBAGE: Changes from weekly to by-weekly pickup on September 24 **RECYCLING:** Remains by-weekly

Need a reminder? Sign up and have the City of Saskatoon send you a reminder by text, phone, email or Twitter the day before collection. The City also have a Saskatoon Recycle & Waste App you can download.

Check out the City's collection calendar for collection days.

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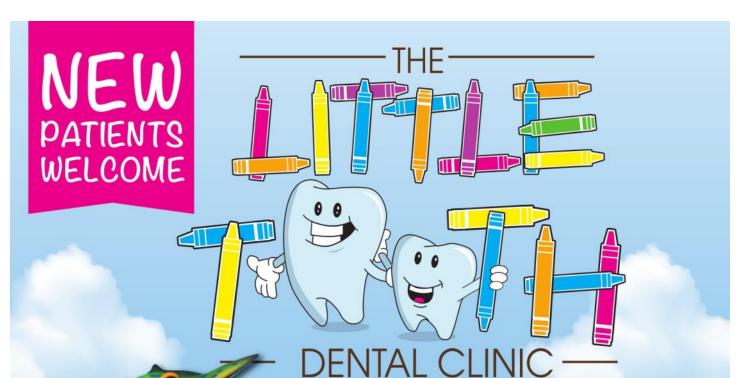
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### Interesting Facts About Saskatoon

Although European settlement of Saskatoon did not begin until the 1880s, people have been living in and travelling through the Saskatoon area for around 11,000 years.

### THE TEMPERANCE COLONY SETTLEMENT

In 1881, a group of temperance activists from Ontario formed the Temperance Colonization Society (TCS), with the idea of creating an agricultural colony on the prairies, dedicated to the ideals of the Temperance Movement, a philosophy which blamed alcohol for most of the ills that beset society. Take away the alcohol, the reasoning went, and you took away the ills.

At the same time, the Canadian government was hoping to stimulate agricultural settlement on the prairies by offering huge blocks of land to colonization companies. For the TCS, therefore, the

new colony would not only be an agricultural and social utopia, but also a chance to make a tidy profit from selling land to prospective settlers.

They soon signed up 3,100 would-be colonists for more than two million acres, and by June of 1882, John Lake--a Methodist minister turned entrepreneur--was scouting out possible colony sites along the South Saskatchewan River.



As it turned out, the colony's land grant comprised only 313,000 acres. It extended along both sides of the South Saskatchewan River, from Clarke's Crossing (present-day Clarkboro) in the north to Moose Woods (the present-day Whitecap First Nation) in the south. It was to include a centrally-located townsite to act as a service centre for the surrounding farms. On the advice of Chief White Cap of Moose Woods, Lake chose the site we now call "Nutana" as a place to plant the new town.

Lake returned the following year to survey the colony. The first Temperance Colony settlers traveled by railway from Ontario to Moose Jaw and then made the grueling 160 mile trip to Saskatoon in horse-drawn carts.



#### A FEW OTHER POINTS OF INTEREST FROM THE EARLY 1880'S:

- 1882 Saskatoon was chosen as a settlement site by a party under John Neilson Lake of the Temperance Colonization Society.
- 1883 On August 18 Saskatoon was officially founded.
- 1884 The Ferry service across the river began.

On May 25 the first burial at what is now the Nutana Pioneer Cemetery (Robert Clark) took place.

On August 9 "The Sentinel" which was Saskatoon's first newspaper was published.

Source: City of Saskatoon History Archives <u>https://www.saskatoon.ca/community-culture-heritage/</u> saskatoon-history-archives/history





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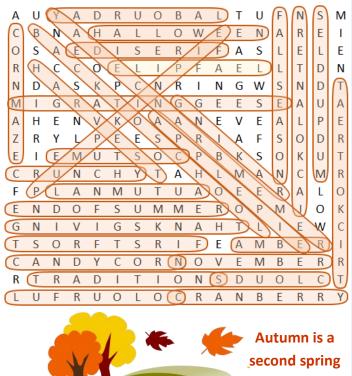
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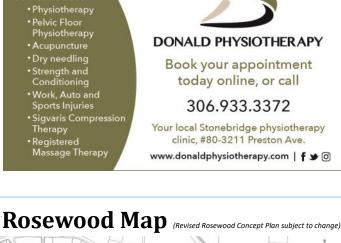
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