

Rosewood Community Association Newsletter

2014/2015 Winter (Vol. 1 No. 5)

President's Message

Hello Rosewood residents,

As our main access point to Rosewood, the intersection at Boychuk Drive and Hwy 16 has been a location for congestion and frustration. The good news is the city is fast-tracking an overpass that should be operational in 2017.

With a little patience we will all get through the next couple of years. The community association will work with the city to try to minimize the disruption through the construction period. Please watch our website for more details on consultations and design and if you want to volunteer or provide input, please feel free.

I do have a safety note in the interim. I have noticed at the end of the work day as the traffic backs up along Hwy 16 that some drivers are putting themselves and others at risk. Please remember that the speed limit on Hwy 16 at Boychuk Drive is 100 km/hr. I have witnessed many drivers, that want to turn northbound on Boychuk, slow to an almost complete stop before pulling off the left lane of Hwy 16 into the turning lane or onto the shoulder. This puts these drivers at risk of getting rear ended by vehicles potentially travelling much faster. The results could be disastrous.

If I could suggest when entering the turning lane, maintain your speed, put on your signal lights, turn onto the shoulder and then slow down. This will reduce the risk of being rear ended by much faster traffic.

We have been going through a little cold snap for the last couple of weeks. As residents of Saskatoon, I challenge everyone to enjoy winter and spend as much time outdoors as possible. I walked past the Meewasin skating rink today and they have started flooding the ice, other outdoor skating rinks won't be far behind. It won't be long until there is enough snow to enjoy the many sliding hills around the city or the cross country ski trails at Wildwood Golf Course. If you prefer downhill skiing Table Mountain and Wapiti Ski Area are about 1.5 hours away. If all else fails, enjoy a quiet walk through the park or neighborhood.

Take care and enjoy winter!

Kyle Krushelniski President

Website: www.myrosewood.ca

Mailing List



Sign up for the Rosewood Community Association mailing list on our website to ensure you are notified of upcoming activities, events & special meetings in Rosewood.

Current Board of Directors

President: Kyle Krushelniski Reed Hentze Vice President: Secretary: Carol Perehuda Treasurer: Zach Berglund

Communications

(Website & Newsletter): Claudine Hentze Adult Programs: Lynn Sproule Youth Programs: **Erin Bentley** Membership: Shannon Johnson HSE (Health, Safety & Environment): Reed Hentze Social: **Erin Bentley** School Liaison: Danielle Drisner Park Coordinator: Matt Reis Shane Belak Member at Large: Member at Large: Fanterra Fisher Member at Large: Patrick Lalach Ross McVicar Member at Large:

Current Vacant Positions:

Team Sports Coordinator Volunteer Coordinator

Rosewood Community Consultants:

Community Consultant (City of Saskatoon): Art Lord

Community Liaison Officer (Saskatoon Police Service): Constable Hal Lam (566)

Board Meetings

The Rosewood Community Association Board members meet monthly, with the exception of July.

Rosewood residents and members are welcome to observe board meetings. If you are interested in attending a meeting, or you would like more information email the RCA.

Tentative upcoming meeting dates:

Monday, December 1, 2014 at 6:00 PM Monday, January 5, 2015 at 7:30 PM Monday, February 2, 2015 at 7:30 PM

Please make sure to visit the RCA website, as dates, times and meeting locations are subject to change.

Rosewood Community Association

Email: info@myrosewood.ca





115-3501 8th Street, Saskatoon, SK S7H 0W5

saskatoon@oxfordlearning.com

MICLURE

United Church

Are you looking for a deeper experience of Christmas this year?



McClure United Church is a place of welcome and belonging. We seek to learn and grow together and make the world a better place for all.

Website: www.myrosewood.ca

Sunday services & programs

Children age 3 to Grade 5 (both 9:15am & 11:00am services): enjoy our Rainbow Village program of play and storytelling. Youth Gr 6-8 and Gr 9-12 (11:00am service only):

grow together in community, conversation and outreach. \\

Special services for Christmastime

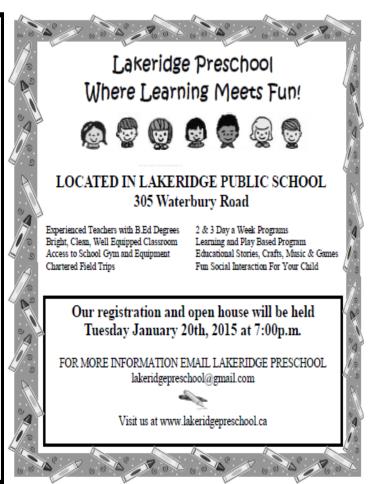
Music Concert - Sunday, December 14th, 9:15am and 11:00am Christmas Eve - Services at 5 & 7pm - Family service with Pageant

- Service at 9pm Youth led
- Service at 11pm Communion

Let's walk the road to Bethlehem together.

4025 Taylor Street East Phone 306-373-1753

www.mccluresktn.ca



Winter Program Schedule

Please note that dates, times and costs as well as class offerings may be different than what is printed in the leisure guide. The courses offered below are up to date and reflect our current offerings.

Visit the RCA website for the latest information

Adult Programs:

Beginner Yoga

This class is ideal for beginners but, all levels are welcome to participate in this program.

Dates: January 14 – March 25, 2015 (Cancelled Date: February 18)

Day/Time: Wednesdays, 7:00 - 8:00 PM

Cost: \$50.00/Participant

Location: TBA

Adult Zumba

This high energy class is sure to get you moving! The Latin inspired music and fun dance moves will leave you wanting more. For anyone over 16 years who wants an excellent work out!

Dates: January 13 – March 24, 2015 (Cancelled Date: February 17)

Day/Time: Tuesdays, 6:30 – 7:30 PM

Cost: \$50.00/Participant

Location: TBA

Card Nights

Get to know people in your neighborhood over a game of cribbage, rummy, or go fish, whatever level you are at this is sure to be a good time and a great way to socialize. The first night will be hosted at a school or at Elim and future nights will be determined by the participants.

Dates: January 22 – March 26, 2015 Day/Time: Thursdays, 6:30 – 7:30 PM

Cost: \$10.00/person

Location: TBA

Financial Planning

This informational session will be hosted by a certified financial planner who will help individuals learn how best to manage their finances. This is a good session for anyone who has questions about managing finances and planning for the future!

Date: January 12, 2015 Day/Time: Monday, 6:30 – 8:30 pm

Cost: \$15/person Location: TBA

Appetizers and Wine Pairings

In this evening session we will explore and create our own appetizers and learn which wines work best with what foods.

Date: February 5, 2015
Day/Time: Thursday, 6:30 – 8:30 pm

Cost: \$60.00/person

Location: TBA

Children/Youth Programs:

Engineering For Kids Sessions (5)

These one night session will introduce your child to the Engineering for Kids programs. The budding scientist in your home will get to experience hands on activities as well as learn some of the science behind what they are building.

Dates: February 4 (Aerospace Engineering, Ages 7 – 10)

February 11 (Junior Industrial Engineering, Ages 4 – 6)
February 25 (Environmental Engineering, Ages 10 – 14)
March 4 (Industrial Engineering, Ages 10 – 14)
March 11 (Junior Mechanical Toys, Ages 4 – 6)

Day/Times: Wednesdays, 6:00 -7:30 pm

*These sessions are from 6:00 - 7:00 PM *

Cost: \$25.00/session

Location: St. Luke School, Arts and Science Room

It's a Girl thing

Each week is a new adventure, from health and fitness to crafts to hairstyles. Catering to what the girls want this program will feature a different topic each week with local professionals who can teach the girls some valuable skills!

Dates: January 21 – March 18, 2015 (Cancelled Class February 18)

Day/Time: Wednesdays, 4:00 – 5:00 pm

Cost: \$10.00/week or \$80/8 week session

Age: 9-12 Location: TBA

Boys being boys

From Sports to video games, this program will feature a new topic and activity each week. Local presenters will be featured each week to teach a new skill or discuss a topic that is of interest to the participants.

Dates: January 20 – March 17, 2015 (Cancelled Class February 17)

Day/Time: Tuesdays, 4:00 – 5:00 pm

Cost: \$10.00/week or \$80/8 week session

Age: 9-12 Location: TBA

Website: www.myrosewood.ca

The *City of Saskatoon Winter 2015 Leisure Guide* is a source for a variety of arts, culture, & recreational activities.

Delivery Date: December 10, 2014

Programs Run: January 1—March 31, 2015

The Leisure Services Branch offers many fun and exciting Fall and Winter programs at the five indoor arenas, Clarence Downey Speed Skating Oval and the many cross country ski trails! Visit the City of Saskatoon website for more info on these great facilities and the programs offered at each.

Community Activities, Courses, Events...

Is there something you would like to see offered by the Rosewood Community Association? Are you an instructor or do you have services to offer the community?

If so, please email us as we would be happy to hear from you!

Email: info@myrosewood.ca



2014 Rosewood Community Events & Programs

As Rosewood grows we are able to begin to offer more events & programs for our community. Make sure to check out the website for information on what's happening in 2015.

Here is what took place in 2014:

- * Spring Fitness Conditioning Boot Camp (April May)
- * Family BBQ & Fall Program Registration Day (August) Originally scheduled to take place in the Elim Church Parking Lot across from Hyde Park however due to the rain and cold wind it was moved into the gym at Elim Church. There was a BBQ, bouncy castle, face painter, activities for kids & door prizes. Hopefully the weather next year will cooperate!
- * Hyde Park Shoreline Cleanups (May & September)

2nd Annual Spring Cleanup

1st Annual Fall Cleanup

Before each cleanup a Professional Wetland Scientist gave a brief presentation on wetland functions and values for the Rosewood community and answered questions during and after the cleanup. Draws for prizes were given at the spring cleanup and snacks and drinks were provided after both.

* Adult Zumba Classes (September - November)

The Rosewood Community Association would like to say a special thank you to our 2014 sponsors.

Thank you for your support!



315 Herold Road









206 Slimmon Road



Hwy #16 & Boychuk Drive



#11 - 325 Herold Road







329 Herold Road

3310 - 8th St East





Website: www.myrosewood.ca

Lakewood Branch Unit H, 411 Herold Court 306.242.8822

Affinity Insurance affinityis.ca

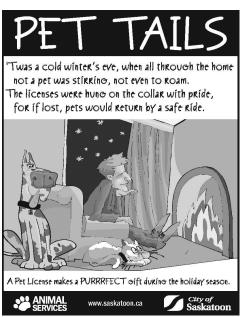


Pet Health

Holiday Safety Tips for Pets

Decorating

- * Christmas Trees ensure your tree is securely anchored so it does not tip over and fall. If you have a live tree, make sure your pet does not drink the tree water, as often it * Protect your dog's paws from cold and salt by using contains fertilizers or other chemical treatments. Make sure that ornaments are not accessible to pets and that your pets can't chew on any electrical cords.
- * Avoid using tinsel to decorate and be very careful with ribbon. Cats love to play with tinsel and ribbons, but it can * Keep your pet away from toxins such as anti-freeze be swallowed and cause life-threatening intestinal obstruction that can require major surgery.
- * If you have simmering potpourri, ensure that it is kept in a location that is not accessible to your pets. When ingested, * Before starting your vehicle, tap on the hood or honk the it can cause irritation to the mouth, stomach upset, and depression.
- * Toxic holiday plants Mistletoe, Holly, Christmas Cactus, Poinsettia, and many species of lilies are poisonous to pets. It is best to avoid having these plants around your house and consider having artificial plants instead.
- * Diet The best treat you can give your pet is to keep them on their regular diet throughout the holidays. Avoid giving them high fat table food that can cause stomach upset, and don't give your pet bones. Turkey and chicken bones can splinter and cause intestinal blockages and perforations.
- * Chocolate can be extremely toxic to pets so make sure it is kept in a pet-proof location, and not under the Christmas
- * Safe toys just like the rest of the year, make sure you choose safe toys that your pet can't ingest, and check their toys regularly and replace those that show signs of destruction.



Winter Safety Tips for Pets

Keep pets indoors with you during the winter months

- * If they must be housed outside, ensure they have an insulated shelter and a heated water bowl. Snow is not an adequate water source.
- booties or applying paw protectors, such as Vaseline. Keep fur between pads trimmed and keep feet dry.
- * Short-coated breeds may require coats or sweaters to stay warm when outside.
- (ethylene glycol).
- * Anti-freeze is deadly to pets if ingested even in small amounts.
- horn. Outdoor cats may seek warmth by crawling under the hood - this can result in tragedy when the engine is started.

Information provided by the Woodridge Veterinary Clinic. Please contact their friendly staff or your local veterinarian for more information on how you can keep your cat healthy!



Strong Leadership Community Commitment

tiffany.paulsen@saskatoon.ca



Rosewood Community Association

Website: www.myrosewood.ca Email: info@myrosewood.ca

Interesting Facts About Saskatoon Weather...

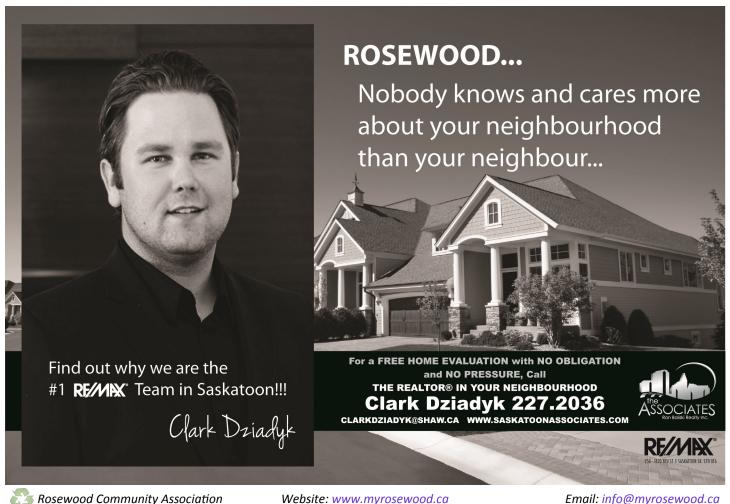
The Saskatchewan Research Council has been collecting data for 50 years at its Saskatoon Climate Reference Station.

Here are eight interesting facts culled from the data:

- * Coldest days: Jan. 22 and 23, 1966: -43.9 C was recorded as the low on both days.
- * Hottest day: June 5, 1988: 41 C.
- * Snow has been recorded falling in Saskatoon every month except July.
- * The wettest year was 2010 with 707.4 mm of precipitation.
- * The driest year on record was 2001 with 165.8 mm.
- * Wettest month was during June 2005 with 170.0 mm
- * The lowest number of bright sunshine days occurred in 1992 while 1979 recorded the highest number.
- * The winter of 2010 was the dreariest with only 44 bright sunshine days while 2012 was the brightest with

Source: http://www.cbc.ca/news/canada/saskatoon/8-cool-facts-aboutsaskatoon-weather-1.1365226





Winter Safety Tips:

PICK THE RIGHT SHOVEL Choose the tool that suits your size. Using a smaller shovel will keep you from lifting more weight than you can handle safely.

BE PREPARED Check the weather regularly and give yourself an extra few minutes in the morning to clear your entrance or walkway as well as around your mailbox. Ensure stairs and walkways are in safe condition, and remember to keep a shovel on hand.

SHOVELING SAFELY When shoveling, it's best to stand with your feet about hip-width apart for balance.

DON'T DO THE TWIST Avoid twisting your body to move snow. Instead, reposition your feet in the direction you're taking it.

LEARN TO LIFT Always bend at the knees to avoid back injuries, and tighten your stomach muscles as you lift.

SAND AND SALT Generously cover icy patches with salt or sand to keep your delivery personnel and other visitors from slipping and falling.

FOOTWEAR It is important to choose a good pair of winter boots, ice grippers on footwear can help you walk on hard packed snow and ice – but be careful! Grippers become dangerously slippery and must be removed before walking on smooth surfaces such as stone, tile and ceramic. The outer material of winter footwear should be water repellent and/or waterproof to keep the feet dry.

CLOTHING Dress properly and use layering to keep you warm when outside in the winter months. Ensure winter footwear is insulated to provide comfort for the temperatures during the winter months.

WALKING Slow down and think about your next move. Keep your body as loose as possible; spread your feet to more than a foot apart to provide a base of support. Make the step small, placing your whole foot down at once.

STAIRS/STEPS If available, use a handrail. Maintain your balance by looking with your eyes and minimizing the shifting of your head. Don't take chances when steps are covered with snow or ice.

IN YOUR VEHICLE Try and keep the inside of the vehicle free of snow and moisture as much as possible, wet floor can cause slipping hazards.

OTHER LITTLE KNOWN FACTS:

- ~ A fresh snowfall can cover up hazards such as icy patches or uneven surfaces.
- \sim Ice is most slippery at around plus 1 or 2 degrees Celsius due to the film of water that forms on the surface.
- Areas in shadows still can have a layer of ice despite temperatures being above 0 degrees Celsius.
- ~ Use caution when walking around vehicles as tire marks can pack the snow and make the surface slippery.

Source: http://www.canadapost.ca/cpo/mc/aboutus/community/safetytips.jsf



JOSHSCHAEFER

PHOTOGRAPHY.COM

Corporate • Event • Sports • Video

Josh Schaefer works across Saskatchewan to provide events and businesses with high-quality photography and videography services. Contact us today to learn more about all of the services we offer

Josh@JoshSchaeferPhotography.com 306.481.5114



306.291.6636

SunFX spray tanning solutions are 100% all natural – they don't contain any chemicals. Prolonged sun exposure and tanning beds can quickly age your skin, causing it to dry out and wrinkle. It can even cause skin cancer.

Spray on tans that use harsh chemicals and additives can also damage your skin causing it to look weathered and old.

But a SunFX all natural spray tan is the healthy sunless tanning alternative, offering perfect coverage for a fast natural looking tan every time.

SunFX tanning solutions made from 100 % all natural ingredients containing:

No Alcohols No Perfumes
No Preservatives No Parabans
No Oils No Odors

Get a perfect tan in 5 minutes. Saskatoon's #1 provider in 100% All Natural Spray Tanning Company.

Affordable, Easy & GORGEOUS!!

Call to book an appointment 306.291.6636



Rosewood Community Association

"Vision Without Limits - Optimal Vision Everyday"



Welcoming New Patients!

Spectrum Family Eyecare wants you to love how you look and see!

- Fully personalized eyecare experience
- Dedicated staff focused on educating and guiding patients to the best eyewear choices
- Wide selection of bold, unique and stylish frames
- Going with contacts? Spectrum Family Eyecare guarantees contact lens success

306-931-3937



Spectrum Family Eyecare
Dr. John Skorski, *Optometrist*308 - 3907 8th Street East
College Park Mall
(Corner of 8th and McKercher Drive)
Saskatoon, SK S7H 5M7

Office Hours: 8:00am - 5:00pm Mon, Tue, Thu, Fri 10:00am - 7:00pm Wednesday

www.spectrumfamilyeyecare.com

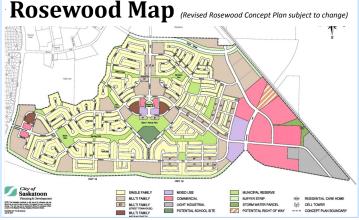
RCA Membership

By joining the Rosewood Community Association you are helping to bring activities and events to our community!

Membership cost: \$ 15.00 (per family)

Please note that your membership is valid for one year (August 1 to July 31), to be renewed the beginning of August. Your RCA membership allows you to participate in programs provided by Rosewood and other community associations while we continue to grow.

Visit our website to register for your membership.



Advertising

If you are interested in advertising with us, please note the following.

Current prices:

Business Card Size \$ 45 Quarter Page Size \$ 75 Half Page Size \$ 145

Rosewood newsletters are currently published quarterly:

March June September

December

If you are interested in advertising in future newsletters please contact us by email to ensure space is available or visit our website and complete an advertising request form.

Suggestions

Do you have suggestions for topics for future newsletters or the Rosewood Community Association website? If so, send us an <a href="mailto:ema



Rosewood Community Association Website: www.myrosewood.ca Email: info@myrosewood.ca